

Diosmectite and Fiber

1. Identification, composition and purpose of the MD

1.1 Description and instructions for use.

TAMMEX FAMILY PLUS is a disposable powder medical device for ex-temporaneous oral suspension, indicated for the oral treatment of acute diarrhoea and painful symptoms related to gastrointestinal disorders.

1.2 Mechanism of action

The diosmectite is natural clay characterized by a structure of fine overlapping crystalline lamellae which gives a high absorbing power to make it capable of incorporating the liquids present in the intestinal lumen, increasing stool consistency and slowing expulsion. In this way TAMMEX FAMILY PLUS can also reduce the risk of dehydration resulting from diarrhoea.

The absorbance power of diosmectite also allows the TAMMEX FAMILY PLUS to interact with the glycoproteins of the film mucous that covers the gastroduodenal wall, changing their physical characteristics to form a protective gel against acid hypersecretion and gastrolesive substances. The prebiotic fibers having bifidogenic and lactogenic effect restore the balance of the endogenous microflora and thus help to normalize intestinal transit, and the correct balance of bacterial flora naturally present in the intestine.

2. Composition

One sachet of TAMMEX FAMILY PLUS contains:

Diosmectite 3 g, Fiber 2 g (inulin, galactooligosaccharides, fructooligosaccharides, isomaltoligosaccharides, polydextrose, lactulose).

Excipients: orange flavour, citric acid, silicon dioxide, acesulfame K, sucralose.

3. Pack size

The pack contains 8 disposable sachets of 5.25 g each.

4. Instructions for use

Adults: 1 sachet in 150 ml of liquid 3 times per day.

Children: > 6 years 2-3 sachets per day.

Each sachet shall be used only once after its opening. Dissolve the content of each water or other liquid edible. To obtain a homogeneous suspension, pour powder slowly into the liquid and mix well. You should take the product in between meals.

5. Known side effects

There are no known side effects related to the long-term usage of the device. In case of overdose, constipation can occur. In case of occurrence of side effects different from those listed, contact your doctor.

6. Warning and precautions

- Keep the device out of the reach of children.
- Do not use for more than 10 consecutive days. If the symptoms persist, you should consult your doctor.

- Do not take TAMMEX FAMILY PLUS when lying down.
- Do not use the device after the expiration date on the box and the sachet.
- Do not use if package is damaged.
- Each sachet is disposable and should be opened only immediately before taking: do not re-use bags partially used, as such usage mode may involve risks as ineffective solution or contamination of the product.
- Do not exceed the recommended dose, in case of adverse effects (constipation, intestinal pain, flatulence) suspend use and consult your doctor.
- In case of unexpected side effects other than those listed, consult a doctor.
- Do not use in presence of gastric or intestinal lesions or in case of chronic constipation or intestinal irritation or intestinal blockage.
- Do not take TAMMEX FAMILY PLUS when using other devices or oral medicines: the absorbing effect of diosmectite may adversely affect their efficacy. Consult your physician before taking TAMMEX FAMILY PLUS in case of concomitant drug therapies.



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25 °C



Last Revision: June 2013

7. Contraindications and limitation of use

Do not take the device if you are allergic to any of the components in TAMMEX FAMILY PLUS. Please consult your doctor if you are pregnant or breastfeeding.

8. Conservation

The TAMMEX FAMILY PLUS should not be used after the expiry date indicated on the package.

Store the product at room temperature (max 25°C), avoid exposure to direct light sources, heat and excessive humidity; avoid contact with water.

The expiration date on the package refers to the product in unopened packages and properly stored.

9. Disposal

Dispose the device according to regulations imposed by your local authority.